The Minamata Convention on Mercury is a global agreement specifically designed to address contamination from a heavy metal. Opened for signature on October 10, 2013 and entered into force on August 16, 2017, the Convention seeks to address issues related to the use and release of mercury in trade and industrial processes. The treaty also addresses major sources of atmospheric emissions and releases of mercury into the environment, as well as long-term storage and disposal of mercury and mercury compounds.

Under the Minamata Convention, individual countries are charged with protecting human health and the environment from the risks of mercury exposure by systematically controlling mercury emissions and releases, including phasing out the use of mercury in certain products and processes.

Antigua and Barbuda became a Party to the Minamata Convention in 2017, while Dominica, Grenada, and Saint Vincent and the Grenadines are taking meaningful steps to accede to the Convention. In order to assist with preparations for the ratification and implementation of the Convention, the Governments of these island nations are each conducting a Mercury Initial Assessment (MIA). The primary activities of the MIA projects in the Caribbean include:

- A review of institutional and capacity needs for implementation of the Convention;
- An assessment of national regulations, policies and legislation to assist with preparations for compliance with the obligations of the Convention; and
- An identification of the primary sources of mercury emissions and releases and strategies for the identification of potential mercury contaminated sites as part of a detailed National Mercury Profile.

The MIAs are conducted with financial assistance from the Global Environment Facility and were implemented in collaboration with UN Environment and the Basel Convention Regional Centre for Training and Technology Transfer for the Caribbean (BCRC-Caribbean), based in Trinidad and Tobago. This brochure summarizes potential findings of the MIAs in the Caribbean.
Findings from the Minamata Initial Assessments

What are the Sources of Mercury?

Each participating Caribbean country is currently conducting a national mercury inventory using the UN Environment’s Toolkit for Identification and Quantification of Mercury Releases. The primary sources of mercury in participating Caribbean countries are likely to include the following:

- Use and disposal of mercury-added products such as compact fluorescent lamps (CFLs)
- Mercury release from dental amalgam and other medical products
- Combustion of fossil fuels and oil and gas sector activities
- Waste deposition

Small Island Developing States (SIDS), including those in the Caribbean, face unique challenges related to the Minamata Convention, as territory size limits options for sound management, storage, and disposal of hazardous waste. Possible solutions to these challenges may include extending manufacturer and distributor responsibility and raising awareness.

How are People Exposed to Mercury?

Elemental mercury, which is found in manufactured products, is not necessarily toxic to humans. Exceptions may include dental amalgam and cosmetics, but these products are still under scientific investigation, so their potential harm is not yet fully characterized.

Methylmercury, the organic form of mercury, is toxic to humans because it can biomagnify in food webs and bioaccumulate over time in organisms. A neurotoxin, methylmercury can cause physiological harm and behavioral disorders in people.

Fish from the sea or freshwater systems can be a major source of methylmercury. In general, fish species that are small, short-lived, and forage low in the food web contain less methylmercury, while predatory species that are long-lived and grow larger can contain higher levels of methylmercury.

As part of the Caribbean MIAs, there is an opportunity to conduct a rapid assessment of mercury in targeted fish species for Antigua and Barbuda, Dominica, Grenada, and Saint Vincent and the Grenadines. Previous published reports have shown mercury concentrations from tissues in fish and marine mammals in the Caribbean Sea indicate regular exceedance of various thresholds used by American and International entities (e.g., 0.22 ppm, ww by the Great Lakes Consortium for the U.S. and Canada; 0.30 ppm, ww by the U.S. Environmental Protection Agency; 0.50 ppm, ww by the European Commission and World Health Organization, which includes an exemption for large predatory fish species of 1.0 ppm, ww).

**Seafood with lower mercury levels** (<0.22 ppm, ww; healthier choices):
- Small grouper, snapper, shrimp, tilapia, oysters, mahi mahi, salmon

**Seafood with higher mercury levels** (>0.22 ppm, ww; riskier choices):
- Many tuna species, barracuda, large grouper, king mackerel, swordfish, peto, Atlantic blue marlin

Under the MIA project, there is also the opportunity to conduct a rapid assessment of popular skin lightening creams used in the Caribbean countries suspected of containing mercury.
What is the State of Mercury in the Caribbean?

The impacts of mercury pollution can be challenging to identify and reverse. However, strategies to reduce mercury contamination are important because mercury can cause significant adverse effects to human and ecological health.

Lifecycle management of mercury-containing products presents the biggest challenge for Small Island Developing States (SIDS). The adoption of legislation that limits and restricts the importation of such products will be an important first step towards the successful implementation of the Minamata Convention that will help to reduce overall mercury releases on the islands.

Like many SIDS, regional atmospheric mercury loads may be impacting the region’s marine fisheries. However, with greater collaboration and cooperation across the region, the potential risks associated with mercury in the environment can be reduced.

What Can You Do To Help?

- Choose healthier fish options (those with lower mercury levels) as part of your diet.
- Use your buying power—purchase no- or low-mercury product substitutes when possible (See Useful Links on back page for more information).
- Support legislation that helps reduce the impacts of mercury on the environment.
### Recommendations from the Caribbean Mercury Team

- Create legislation that can help facilitate a framework to comply with the Minamata Convention.
- Reduce the import and use of products that contain mercury by selecting no- or low-mercury product substitutes:
  - Replace compact and linear fluorescent lights with LED bulbs
  - Check the ingredients in skin lightening creams and lotions to avoid products that contain mercury
- Choose brands of batteries that do not contain mercury
- Properly store waste products with mercury and avoid using landfills by creating proper storage facilities for hazardous waste.
- Generate greater awareness and education through existing outreach programs; oversee the development and distribution of information on mercury to the public, including importers of manufactured products.
- Participate in global mercury database and monitoring programs and coordinate existing data with global efforts organized by UN Environment:
  - Use hair samples for people
  - Use muscle samples for fish
  - Use blood, feather, and egg samples for birds

### BRI’s Mercury Work in the Caribbean

Biodiversity Research Institute has collaborated with its partners in the Caribbean to help identify and estimate major mercury sources in Jamaica, Saint Kitts and Nevis, Saint Lucia, Trinidad and Tobago, Antigua and Barbuda, Dominica, Grenada, and Saint Vincent and the Grenadines. As an International Technical Expert, BRI provided training on the UN Environment’s Toolkit for Identification and Quantification of Mercury Releases and assisted with the review of primary reports and products developed as part of the MIAs.

### Basel Convention Regional Centre—Caribbean

The primary mechanism for assisting in the implementation of the Basel Convention and its obligations is a series of Basel Convention Regional Centres for Training and Technology Transfer (BCRC).

Established across the world under Article 14 of the Convention, these Centres are meant to provide for the effective implementation of the Convention at the national to regional levels. The Basel Convention Regional Centre for Training and Technology Transfer in the Caribbean (BCRC-Caribbean) serves the Contracting Parties to the Basel, Rotterdam, Stockholm and Minamata Conventions within the Caribbean region and any other country in the region consenting to be served by the Centre.

### Useful Links
- BRI publications on mercury: www.briloon.org/hgpubs
- BCRC-Caribbean: www.bcrc-caribbean.org
- Minamata Convention: www.mercuryconvention.org

### Global Health Trade-Off for Mercury and Omega-3 in Fish

**Meal Frequency Recommendations**

<table>
<thead>
<tr>
<th>Milligrams of Omega-3 Fatty Acids/4 Ounces of Cooked Fish</th>
<th>&lt;500 mg</th>
<th>500-1,000 mg</th>
<th>1,000-2,000 mg</th>
<th>&gt;2,000 mg</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted meals (≤0.05 µg/g)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1-2 meals per week (0.05–0.15 µg/g)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 meal per month (0.022–0.09 µg/g)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No consumption (&gt;0.95 µg/g)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total Mercury in Muscle Tissue µg/kg (ww)**

- **Healthier Choices**: Atlantic Salmon, Sardines, Shad
- **Riskier Choices**: King Mackerel, Atlantic Bluefin Tuna, Hawaiian Bluefin Tuna, Pacific Bluefin Tuna
- **Anchovies**: Herring

### For More Information:

Basel Convention Regional Centre for Training and Technology Transfer for the Caribbean (BCRC-Caribbean)

info@bcrc-caribbean.org

### National Executing Agencies

- **Antigua and Barbuda**: Ministry of Agriculture, Lands, Fisheries and Barbuda Affairs
- **Dominica**: Ministry of Standards; National Centre of Testing Excellence
- **Grenada**: Environment Division; Ministry of Education, Human Resource Development & the Environment
- **Saint Vincent and the Grenadines**: Economic Planning and Sustainable Development Unit; Ministry of Economic Planning, Sustainable Development, Industry, Information and Labour

### MIA Stakeholders

- Ministries responsible for Agriculture and Fisheries
- Ministries responsible for Environment and/or Sustainable Development
- Ministries responsible for Health
- Ministries responsible for Trade/Customs Division
- Ministries responsible for Energy / Power Generation
- Ministries responsible for Foreign Affairs and Trade Implications
- Ministries responsible for Legal Affairs
- Attorney General’s Chambers
- Bureau of Standards
- Waste Management Companies
- Wastewater Authorities
- Waste Disposal Companies/Authorities
- Medical and Dental Associations
- Funeral Homes and Crematoria
- Manufacturing’s Associations
- Traders/Importers of Mercury-Added Products
- Universities/Tertiary Institutions
- Non-Governmental Organizations
- Civil Society Organizations

**Credits**: Cover: Grenada Saint George’s inner harbor and Devils Bay © Claudio306/Shutterstock; Flags © Shutterstock; Pages 2-3: Backdrop image: Scotts Head fishing village in Dominica © Tadafumi/Shutterstock; Marie Tros Prins Natural Park Dominica © Avela Luzhman/Shutterstock; Active Volcanoes IIi Southshle Saint Vincent and the Grenadines © 2017 Isabella Travel Guide; Coastal Community; Antigua and Barbuda © Sotiamo Minias/Shutterstock; Rivers and Streams, Grenada coral reef © Island Dreams Dive Travel; Lightbulb/mercury © Shutterstock; Dental amalgam © Albund/dreamstime.com; Red Snapper © picturepartner/Shutterstock; Brown Pelican © Dan Poleschook; Page 4 Fish Matrix © Biodiversity Research Institute

March 2018